

## Daily Schedule

Although the accent at Lebh Shomea falls intentionally upon silence and solitude, we are nonetheless a community living in faith and sharing our faith. Our principal communal gathering and sharing each day is the Celebration of the Eucharist. Normally, we celebrate the Eucharist:

- In The Chapel of the Little Children at 7:00 a.m. Monday through Saturday.
- In Sacred Heart Chapel at 9:00 a.m. on Sunday.

Please check the dining room bulletin board for holiday schedules, which may vary.

Each evening we gather in Sacred Heart Chapel for an hour of silent communal prayer in the presence of the Eucharist at 4:45. We pray the evening prayer from the Liturgy of the Hours from 5:45 to 5:55 p.m.

### Meals:

- Breakfast: 6:00 a.m. to 8:30 a.m.
- Main Meal: 12:00 Noon
- Supper: 6:00 p.m.

## General Information

### **Travel:**

The airport nearest to the town of Sarita is located at Corpus Christi, Texas, which is about a one-hour drive by car. We will pick you up at the airport. After you make your travel plans, please let us know what airline and your arrival time. The earlier you can get in, the sooner we can get you to the ranch and settled in so that you can rest from your flight.

### **Supplies:**

We supply bed linens, towels and washcloths. You will need to bring a flashlight, bug spray, boots or good walking shoes if you like walking in the woods, an alarm clock, soap and shampoo, and rain apparel.

### **Clothing:**

Casual clothes are appropriate for everyday wear on the ranch. One good outfit is recommended for the celebration of the Eucharist on Sunday. Shorts are not considered suitable at any time at the Eucharist.

### **Food:**

We ask that you not bring food or drinks with you, unless you are under a doctor's care. Meals are included in the stipend, and the dining area is always open for snacks.